



Sustainable Solutions for health and development  
in African Communities.

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# Year 1 Programs and Activities

One year has passed and practically without a budget since we started the new program in Africa, we were able to conduct services below:

Missions to Africa in Ivory Coast, Mali and Ghana, April 20-30, September 05-09.

Our goal was to establish country partnership for our programs and to identify the needs of our target populations. We have identified numerous organizations that are community faith based and government entities to partner with in these countries. We have also some community-based organizations interested in work with us as partners in Benin and in Ghana.

We have provided some direct activities in Ivory Coast while we explore all likely perspectives in Mali and in Ghana. Our camera was broken and our pictures damaged. This year we will have several cameras and options to keep our pictures alive.

## Maternal Health Education and Malnutrition

We have determined the opportunity to implement our maternal health and malnutrition programs in some countries. In Ivory Coast for instance, we reached two hospitals, and five community health centers.

We have met in total five medical doctors, 7 nurses and midwives, 3 social workers.

In communities, we have discussed with many young women and men about their health concerns. Our program focuses on delivering supplemental vitamin A and zinc to increase child survival; iodine and iron to help with a child's mental development, improve women's health and contribute to the general health of a population; and folic acid to prevent birth defects, primary healthcare drugs, equipment, and supplies in inner neighborhood cities of Abidjan such as Anyama and Abobo).

## Healthcare Access Program

More than 60% of African populations, including Ivory Coast do not have access to modern health care facilities and 50% have no access to safe drinking water and sanitation. We will train six community leaders. Emphasis is on improving the quality of primary healthcare services, enhancing access to secondary care and enabling local, community-based organizations to manage their own health care initiatives.

## HIV Prevention, Education and Awareness

We want to contribute to building to the national capacity to respond to HIV/AIDS trends in the areas of

quality improvement and provide training that includes nursing, midwives, and social workers with capacity to enhance their work.

We have conducted 2 HIV training sessions for 6 community based organizations that provide HIV prevention and services in the districts of Abidjan (Abobo and Anyama) in Ivory Coast (Ivoire Care., WeCare, No HIV Movement, Alliance for HIV, Fight for your Life, District Without HIV).

We used CDC HIVQUA model which is an evaluation system to strengthen human capacity for HIV/AIDS care (how services are delivered, are resources enough, adequate, appropriate, sufficient to enhance capacity for HIV awareness, prevention, education in communities.

## Medical Supplies, Drugs and Computers

We have had nearly \$132,000 worth of medicine and supplies handled by two teams traveling in three countries. We have provided some direct activities in Ivory Coast while we explored likely all perspectives in Mali and in Ghana. We have brought with us essentials such as medicine and vitamins we distributed when we met the listed populations above. These essential tools included primary care medicines, nutritional supplements, surgical and wound care supplies, hospital supplies, and diagnostics and laboratory supplies, first aid supplies. We received these tools from our US partners such as Hennepin County Medical Center, Children's Hospital in Saint-Paul Minnesota.

## Micro Finance, Small Businesses and Micro Loans/Grants

In all the countries we visited, we have identified the needs to assist women for small loans and grants for their small businesses. We need at least \$20,000 per country to implement some pilot projects in 2011.

## Back to School Programs

We are receiving a huge number of scholarship requests from African students. We did not satisfy any of them yet but we will be able to assist African students as soon as we can and it is our commitment.

## HIV Services in Minneapolis

In Minneapolis, MN, we are member of the HIV planning Council and Services and we serve as the HIV consultant firm to any HIV grantee in the community. We have made initial contact with many community based organizations in this manner.

## Partnership Network

We are still seeking partners in various areas including funding-raising and project team up partners in order to satisfy the needs of our target populations.

### Current Partners

- Hennepin County Medical Center, Minneapolis, MN
- Children's Hospital, Saint-Paul, MN
- Lamers & Lamers Ltd., Brooklyn Center, MN
- Grassroots.org, New York, NY
- Mouse Click Designs, Cincinnati, OH

## Skilled Network

We are building a network of skilled and dedicated volunteer workers particularly among African born graduates or professionals in the areas of

- Health care and public health professionals
- Administration and management
- Agro-industry
- Education
- Economy/Finance/Marketing
- Technology
- Communication

There will be broad career building opportunities through this network in the future.

Please contact us and specify your area of interest.

Dr. Charles Koudou, Founder & President

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